

Better Health, Better Life Years

Capability Statement

Who We Are

QALYCOM Health is a community-led Community Interest Company (CIC) tackling the social determinants of health — isolation, language barriers, and digital exclusion — across Global Majority and minoritised communities in Rochdale, Greater Manchester. We act as a non-clinical bridge that improves health literacy and systems navigation, empowering residents to build healthy lifestyle habits and confidently access the mainstream services already available to them.

Our Impact

22+ completed community health projects

370+ active participants engaged

1,250+ unique attendances at our workshops and peer-support sessions

6+ active community volunteers

What Makes Us Different

- Community-led and co-produced: every project reflects real local need and is shaped, delivered, and verified by the residents it serves — not designed top-down.
- Culturally rooted trust: we reach Global Majority and minoritised residents that mainstream clinical and statutory services often struggle to engage, by working through the relationships and networks people already trust.
- Led by clinical and public health expertise: our Founding Director is a Registered Medical Practitioner with postgraduate qualifications in Public Health and Health Economics, ensuring our community-facing work is grounded in evidence-based practice.
- HEIN® — our trademarked Health Equity Intelligence Network — maps the social and non-medical barriers (isolation, language, digital exclusion) that keep residents from accessing support, so our work targets real, evidenced need rather than assumption.

Our Three Pillars

- Frontline Support: responsive, trusted peer-support groups and wellbeing workshops in local neighbourhoods.
- Health Equity Intelligence Network (HEIN®): mapping non-medical barriers to ensure resources reach those who need them most.
- Community-to-Capital Loop: turning real-time resident feedback into actionable evidence, so every project is shaped by the people it serves.

Trusted By

Our work has been supported by Groundwork, the National Lottery Community Fund, the Co-op Local Community Fund, and the Asda Foundation — funders who share our belief in community-led, evidence-based approaches to tackling health inequalities.

Get in Touch

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